

ADVENTURE LEADERSHIP SUMMIT

EMILY BASS STRATEGIES, LLC

EXPERIENTIAL COACHING PROGRAMS

“Leadership and learning are indispensable to each other”

~ JOHN F. KENNEDY

Adventure Leadership Summit combines evidence-based assessments, leadership coaching, and outdoor adventure to sharpen leadership skills.

You will leave feeling energized, renewed, and confident your unique gift as a leader is strengthened.

WWW.EMILYBASSSTRATEGIES.COM

ADVENTURE LEADERSHIP SUMMIT



WHAT IT IS...

The Adventure Leadership Summit is an experiential coaching program focused on building leaders.

The Adventure Leadership Summit focuses on individual strengths and challenges right in the moment. Using the adventure to create a natural learning environment, you get a first-hand opportunity to practice the power of communication, the benefits of awareness of self and others, and the efficiency of clear goals, action steps, and accountability to your coach. You will learn valuable lessons about yourself and others and have fun at the same time!

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ADVENTURE LEADERSHIP SUMMIT

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EMILY BASS STRATEGIES, LLC

EXECUTIVE COACHING | ORGANIZATIONAL DEVELOPMENT

A LEADERS CHALLENGE



All leaders face challenges. What are yours?

All leaders possess a special gift. What do you uniquely offer?

Envision that leader who inspired you and moved your team forward —
the leader who saw your strengths and brought out the best in you.

Be that leader and inspire others!

What type of leader do you want to be?

SUMMIT ITINERARIES

EACH LEADER AND TEAM IS UNIQUE..
THEREFORE EACH INTINERARY IS UNIQUELY DESIGNED FOR YOU.

Experiential coaching programs create a natural learning environment in which to sharpen your skills. An uncontrived learning situation is a realistic approach to providing you a first-hand experience of the power of communication, the benefits of awareness of self and others, and the efficiency of clear goals, action steps, and accountability to your coach. You will learn valuable lessons about yourself and others and have fun at the same time!



1.

ONE AND A HALF DAY SUMMIT

(3 person minimum - 9 person maximum)

2.

TWO AND A HALF DAY SUMMIT

(3 person minimum - 9 person maximum)

3.

CUSTOMIZED GROUP SUMMIT

A DAY AT THE SUMMIT

HALF DAY

Your arrival day begins at 1:00 pm with opening materials, introductions, and a personal relations exercise you will have the opportunity to enhance throughout the Summit.

You will be introduced to communication strategies for application throughout the Summit and learn how language has an impact on reaching goals and getting the outcomes you want. Following a ninety-minute break, we will reunite for dinner and use it as an opportunity to network with others and practice the exercise from the afternoon. An evening activity is optional.

FULL DAY(S)

Each full day begins at 7:30 am with breakfast in the conference room. You will participate in an hour-long exercise before heading out to your adventure for experiential learning. You will have 30 minutes of free time to work or play before regrouping for an open discussion over lunch.

Then it is time for more adventure and learning on the slopes. Mid-afternoon you will experience one of our guest presenters, followed by an open discussion and review of the learning.

Each Summit is designed to provide plenty of time for practice as you go. Second full day provides further opportunity to apply new knowledge in the moment with your coach by your side.

CLOSING

Following a review to solidify knowledge gained, identification of critical takeaways, and clarity around goals for next steps, each Summit concludes at 4:30pm.

ADVENTURE LEADERSHIP SUMMIT

INCLUDED IN EACH PROGRAM

ASSESSMENT AND COACHING

Assessments are an efficient and meaningful way to strengthen understanding of self and others for the purpose of being your best leader. Once you complete your assessment online, we will hold a one-on-one coaching session by telephone to debrief your personalized report and establish your goals for the Summit; creating the foundation for your individualized learning throughout the summit.

THE ADVENTURE

The skiing adventure is designed for novice through expert skiers. You will discover and enhance, on the spot, how communication, learning, and leadership styles impact success in your life and your work.

GUEST PRESENTER

Guest presenters bring added talent and information to the summit. You may also suggest a presenter and we will reach out to them.

VALUE

Through any of these programs, you will discover and bring out your leadership talents. The skills you develop during the Adventure Leadership Summit will quickly enable you to be a more effective leader in your company, enjoy the benefits of growth in your business and your life, and will positively impact your financial potential.

ACCOMMODATIONS

Included in the Summit is your hotel, meals, lift ticket and gear for your adventure. Prices will be adjusted for those who don't need to stay at the resort or rent gear.



1

BE YOUR BEST LEADER**SEE IT. WANT IT. BE IT.**

Deepen your understanding of self and others, so you can cultivate your own strength and become a more effective leader.

*“Self awareness requires deep personal honesty.
It comes from asking and answering hard questions.”* ~ STEPHEN COVEY

**DESCRIPTION**

Successful business owners often have mentors help them acquire the mindsets and skills needed to become leaders. Unfortunately, many of these leaders don't consciously pass the torch along to members of their teams. They don't teach, mentor, or inspire the people on their teams...and then wonder why their team members can't seem to reach the level of success that's expected and desired.

Picture the leaders who have inspired you; leaders who moved the team forward with clarity and purpose; and leaders who saw your strengths and believed in you. You can become like the people who have meant so much to you in your life and business development, and you can become that leader, that mentor, that coach for every member of your team.

VALUE | BY THE END OF THIS PROGRAM YOU WILL...

- ◆ Understand your own leadership style
- ◆ Discover the secret to building trust among your team
- ◆ Effectively promote the strengths of others while motivating and inspiring your team
- ◆ Practice and understand the value of true confidentiality
- ◆ Maximize your time by creating a productive and engaged team
- ◆ Dramatically increase the quality of your team's work product
- ◆ Be your best leader and feel great about yourself
- ◆ Create and foster new leaders on your team
- ◆ You'll build the legacy that's the burning desire of your heart

*You'll find that your impact will be dramatically different as you lead
with your gift and promote the gifts of others!*



THE POWER OF COMMUNICATION

EFFECTIVE COMMUNICATION FOR SUCCESS

Build confidence in your leadership abilities by mastering proven approaches to clear and direct communication.

“The art of communication is the language of leadership.” ~ JAMES HUMES



DESCRIPTION

So often leaders experience challenges, and even failures, in their interactions with their teams. It can be difficult when a challenge needs to be addressed and the leader has no idea what to say or how to say it. It can be challenging to know how to solve a problem or correct a behavior without alienating the individual or the team. Or the team doesn't seem to be motivated to pull together toward a common goal, and the leader has no idea how to motivate them and lead them to success.

Communication is the skill that can make or break a team. Whether you're leading the team or supporting them, learn to successfully communicate your message while listening carefully to the thoughts, opinions and feelings of others. You can initiate change without alienating your team. You can find what motivates others and effectively meet their needs so your company drives toward success with everyone on board. Everyone can experience satisfaction and fulfillment that comes with success, a job well done, and knowledge that they have played an integral part.

Take communication to a new level by being in a true to life learning situation with the challenges of being heard and hearing others clearly. This program really brings the power of communication home!

VALUE | BY THE END OF THIS PROGRAM YOU WILL...

- ◆ Be able to identify your communication style
- ◆ Recognize and understand others' communication styles
- ◆ Understand and practice the power of reflective communication
- ◆ Be able to understand and identify meta models of communication
- ◆ Discover the secret to listening for understanding
- ◆ Learn to communicate effectively with everyone in your business and life
- ◆ Find out how to increase trust among your team and improve organizational culture
- ◆ Masterfully manage the challenges that arise from miscommunication

Your organization will benefit tremendously when the leaders and the team communicate effectively!

CLEAR VISION AND GOAL SETTING

BE CRYSTAL CLEAR ABOUT WHERE YOU ARE GOING AND HOW YOU WILL GET THERE.

Make your vision a reality through coaching: obtain clarity, develop goals, plan action steps, set timelines – and make it happen!

“Leadership is the capacity to translate vision into reality” ~ WARREN G.



DESCRIPTION

In the everyday hustle and bustle of business and life, it's common for leaders to become so caught up working **IN** their businesses and taking care of their responsibilities that there's no time to work **ON** their businesses and their lives. The results can be failed businesses, broken relationships and burned-out lives. When there's no time to think, plan, set goals or take care of one's self, the most important things in life drop through the cracks.

It doesn't have to be that way for you. You can be crystal clear about the direction you are going and how to best get there. This is the recipe for success. A first step on your journey to success, fulfillment, and peace of mind can be found through improving how you navigate challenging terrain on an adventure, while engaging in professional development to navigate challenging terrain at work.

VALUE | BY THE END OF THIS PROGRAM YOU WILL...

- ◆ Create focused direction by establishing clear goals, action steps, and timelines to support accountability
- ◆ Enjoy more efficiency and productivity, and start checking important items off your list
- ◆ Achieve your goals in a realistic and manageable way
- ◆ Discover dynamic strategies to produce results for your organization
- ◆ Improve your skills in your adventure of choice
- ◆ Enjoy renewed energy to get up and do more of what you do!

You'll develop a clear plan to get you closer to your personal and professional goals!





ABOUT EMILY BASS

Emily has spent her life doing what she is passionate about – making dreams come true. She became nationally known for her skiing and coaching skills, putting her energies toward getting people with disabilities out on the hill, especially those who never dreamed they could do such a thing.

Later in her career, Emily worked in nonprofit leadership positions, helping nonprofits to clarify their purpose and discover the best path to fulfill their mission. She earned her Master's in social work and landed in philanthropy, another dream job, and later worked in a clinical setting with troubled teens — each skill learned complemented the other, creating a unique skill set.

Enjoying the purpose of each of her roles, Emily longed to have a broader impact. She became certified in executive coaching and now combines her skills from each of her leadership and clinical roles with the success she has in skiing. Working directly with leaders, making them great, fulfills collective dreams and achieves a broader impact.

Emily's greatest strength is her ability to understand others with an innate empathy toward the challenges in the work place and in learning environments. She is currently fulfilling her passion to make the dreams of others come true through her Adventure Leadership Summit, Individual Assessments, and Executive Coaching.





PROFESSIONAL EXPERIENCE

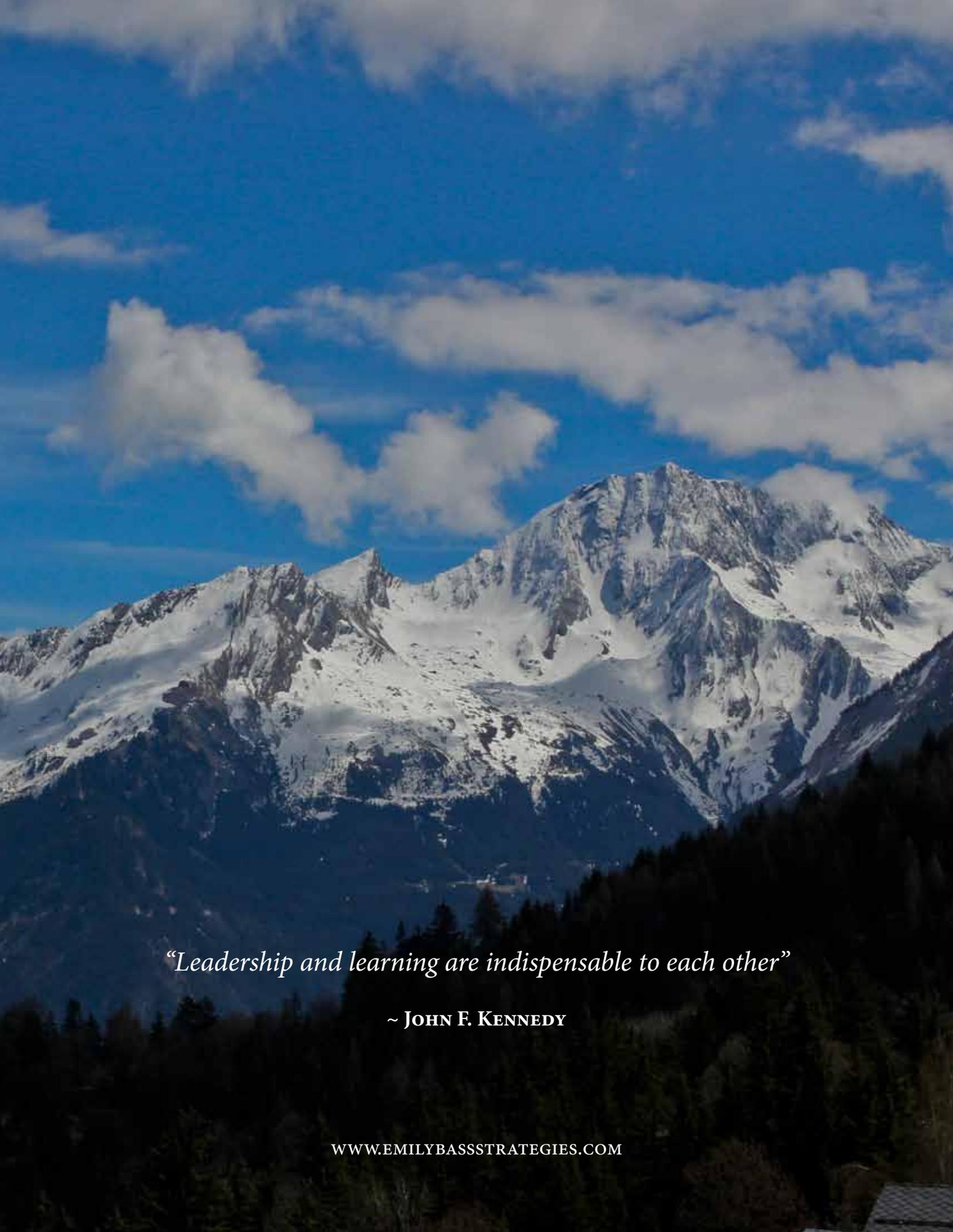
LEADERSHIP, COACHING, TRAINING AND ADVENTURE

- ◆ Owner - Emily Bass Strategies, LLC: Executive Coaching & Organizational Development
- ◆ Clinical Therapist - North Star Behavioral Health (Alaska)
- ◆ Program Officer - Alaska Community Foundation
- ◆ Interim Executive Director - Wrangell Mountain Center (Alaska)
- ◆ Program Associate - Rasmuson Foundation (Alaska)
- ◆ Ski School Director - Challenge Alaska
- ◆ Glacier Guide - St. Elias Alpine Guides in Alaska
- ◆ Founding Director White Mountain Adaptive SkiSchool
(dba) New England Disabled Sports
- ◆ Contributing author – “Coaching Perspectives VI” *Coaching the Executive versus Coaching the Athlete*
- ◆ Contributing author – “32 Degrees: The Journal of Professional Snow Sports Instruction”
The Profession of Skiing

PROFESSIONAL SKI INSTRUCTORS OF AMERICA (PSIA) 30+ YEARS

- ◆ Disabled Sports USA Adaptive Examiner - Nationally
- ◆ Alpine Examiner – Alaska Division
- ◆ Development Team member – Eastern Division
- ◆ Level III Certification – Alpine and Adaptive





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